

Making Our

MARC on Mt Horeb!

MADISON AREA
REHABILITATION
CENTERS, INC. **MARC**

The ♥ of Human Services

December 2013

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'Tis the Season...

The Center has decked halls and its people are finding ways to celebrate the season. Everyone participated in decorating the tree in the Dining Room.



Garrett adds his special touch.



Amy helps out with hooks!

Trainers Erin & Katie helped everyone get a turn and fun was had by all!



Melissa, Kurt & Walter get in the act too!

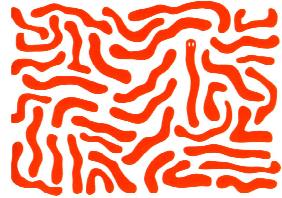


Nicole, Katy, Phil, Ryan, Melissa Ralph and Andrew all served as decorating elves too!



Spotlight on Microenterprise

Franke Wallitsch opened Worm Works in 2012. Worm Works is a vermicomposting business using red wiggler worms to turn any fresh fruit or vegetable waste, tea bags, coffee filters and grounds and egg shells into a worm casting used to enhance soil quality and grow healthy, beautiful plants!



PRODUCTS, SERVICES AND MORE!

COMPOSTING SERVICES

Franke will come to a home or business 1 or 2 times per week to collect fruit & vegetable waste for composting. He provides a 5 gallon bucket with a lid for use and replaces it with a clean one at pick up.

THE PROCESS...

Every afternoon Franke treks to each public school in Mt. Horeb to collect compost from the lunch rooms-20 to 200 pounds of raw material each day! Then he sorts, chops, mixes with paper and red wiggler worms for 'processing'.



Franke enjoys
calling the
shots and
running his
own business!





**Franke adds
compost to
the hot tub
with the
worms!**



benefits everyone!

- Students participate and learn from Franke's work & the science of composting;
- Engineering students design & build compost bins;
- Enthusiasm for composting is built
- Community gains an appreciation for the abilities of people with developmental disabilities.



PRODUCTS: "TEA BAG"



This muslin bag is full of red wiggler worm castings used to prepare nutrient rich "tea" for watering house plants.



WORM CASTINGS

Bags of pure red wiggler worm castings used to create nutrient rich soil for house plants and outdoor gardens. An all natural fertilizer.

Happy Holidays to our employer partners!

*Thank You for the gift of
meaningful employment to a
willing workforce !*

Agape Christian Preschool
Arcadia Bookstore
Bargain Nook
B-Style
Hoff Mall/Galena Mgt.
Ingleside Nursing Home
Kwik Trip
Mt Horeb Public Library
Mt Horeb School District

Mini Tube of America
Miller & Sons Grocery
Mustard Museum
Naviant
Premier Coop-Mini Mart
Ridgland Farms
Rooney's Law Office
Sole Saponi Restaurant
State Farm Insurance
Trillium Natural Food Store
Verona Vision
Walgreens



**We work
to become,
not to acquire.**

Elbert Hubbard

If you know a business owner or employer who may
be interested in partnering with MARC,
please call Cindy Mueller, Vocational Specialist
at 608-437-5998

or via email cmueller@marc-inc.org.

She will be pleased to have their contact information
and discuss the possibilities with them!

Thanks for your help!

Caught in the Act Working

Ryan sorts products
and gets items ready for
sale at Bargain Nook



Kyle enjoys ringing
bells for the Salvation
Army to help others.



Robert 'facing'
the product
shelves at
Miller's
Supermarket

Erin leads a
Range of Motion
class to keep
everyone's joints
flexible and improve
our posture!



A Day in the Life...

Of course, we can't work every moment that folks are at the MARC Center, so we take occasional breaks for wellness activities, skills maintenance, and FUN!

There's always something going on at MARC Mt Horeb! Hope you enjoy this peek into our days together!

Emily & Katie enjoy dancing
the Turkey Tango!



Celebrating Kyle's
accomplishment!



A game of
“Name That
Tune” with
Katie!



We made the centerpieces
for our Christmas party by recycling
holiday cards!



Matching the
pieces of a
puzzle together!

Meet The Team Making a MARC on Mt Horeb

We will feature one member each issue!

Meet Kim Crisman!

- ◆ **What is your position at MARC Mt Horeb?** Assistant Director
- ◆ **How long have you worked at MARC Mt Horeb?** Since 1981
- ◆ **What would you like to share about yourself with our readers?** I made the right choice when I chose my career. It has been an honor to be part of the MARC family. It was in August of 1981 when I first moved to Wisconsin that I was fortunate to have been referred to MARC by a psychologist working in the field in Nebraska. 32 years later, we continue to Try Another Way, everyday! It was the right choice!
- ◆ **What is your favorite time of day at MARC?** Lunch time! Being able to have lunch with different consumers, check in on their day and well-being, and see if there is anything I can do to make a difference

in their day!

- ◆ **What is your favorite MARC event?** The Annual MARC Awards Banquet, recognizing so many dedicated people who generate the Heart of the MARC Family!
- ◆ **What do you think MARC means to this community?** MARC Mt. Horeb has been in this community for 42 years due to the support of so many generous families, community members, service organizations, businesses, and friends. We hold a lot of pride in our long standing relationships with the community. Every local senior citizen knows what MARC stands for and if a person with a developmental disability needs assistance, they know and trust that the MARC Center is the place to call! We continue to grow, look forward to much needed future expansion, and are grateful to continue to

“Make our MARC” in this wonderful community!

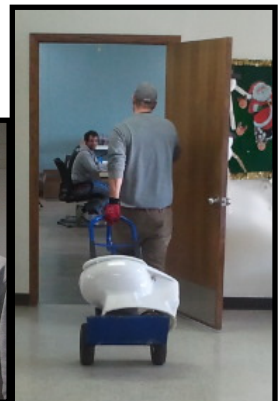
- ◆ **What would you most like to see happen for people with developmental disabilities?** That they are loved by all, have family participation, enjoy quality foods, have full inclusion in the community, have jobs, earn a living, pay their bills, and enjoy great circles of friends, just like any of us!



**Lots of work to do
for Promega in the
MARC Production Division!**

**Out with the old and in with the
new...TOILETS!
Higher bowls and
water savers!**

**Many thanks,
Mike
O'Connell &
Crew for
donating your
time and**



What Does MARC Do, Exactly?

Pre-vocational Education, Job Development and Supported Employment

Trish Vandre, Director

Has anyone ever asked you that question? I have had it asked of me a lot since I began serving at the Center.

I'll try to break it all down to describe these services.

Our client and staff members get to know each other to learn the special abilities and desires the person has for their work life.

Also as part of this process, the individual's personality is assessed for the skills necessary for them to be successful in an employment setting. Once the abilities and deficits are determined, a plan is made to provide education for them to learn the missing skills and the overall concepts of success at work.

To find out
what one is
fitted to do,
and to secure
an opportunity
to do it,
is the key to
happiness.

John Dewey

As the skills are learned, MARC staff provide opportunities for practicing the skills either by working in the Center's production division or demonstrating their skill in more job specific ways such as stocking shelves, alphabetizing files, etc.

As the time nears for matching the client to a

position in the community, they may shadow co-workers at their job sites to get an idea of what it is like to be 'on the job' and in what types of jobs they are most interested.

More pre-vocational education and practice may be necessary to ensure they have the skills needed to be a successful candidate for the job.

Once a match is made, the client is added to their employer's payroll and a work schedule is determined that suits both the employer and the person's abilities and stamina. Each work day the client is matched with a job coach and off they go to work!

Is this the only path?

NO! For some folks, a community job may not be the right fit for their personality or meet their needs. In these cases, a

microenterprise may be investigated. This is an entrepreneurial opportunity for people to own and operate their own business providing a product or service of interest to them. Creativity and team involvement are essential in making this a viable option but it can be very satisfying to the entrepreneur! Just ask Kurt or Franke!

Next issue I'll focus on one of the Center's other services. Stay Tuned!

“The more I learn about the impact of MARC on the people we serve, the more grateful I am to be associated with this extraordinary organization.”

Trish Vandre, Director



We Wish You a Merry Christmas!



The MARC Mt Horeb family



Let there be work, bread,
water and salt for all.

Nelson Mandela



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"Making Our MARC on Mt Horeb" is published for the family, friends & associates of MARC Mt Horeb and the people we serve. If you know of someone who would like to receive "Making Our MARC on Mt Horeb", please call us with the contact information.